



# Level 2 Award in Emergency First Aid at Work



[Neither talent without instruction, nor instruction without talent can produce the perfect craftsman]



## The Important Stuff!

### Aim:

The Health and Safety (First-aid) Regulations 1981 place a general duty on employers to ensure adequate equipment, facilities and personnel are provided to deliver immediate and initial first aid to their employees. When an employer's first aid needs assessment identifies that a first aider is not necessary, the minimum requirement is to appoint a person to:

- take charge when someone is injured or ill, including calling an ambulance if required
- look after the first aid equipment, e.g. restocking the first aid box

Appointed persons should not attempt to give first aid for which they have not been trained. From 1 October 2009, the Health and Safety Executive (HSE) are introducing changes to first aid training arrangements; employer duty holders will be expected to implement the changes from this date. This qualification has been designed to meet the new standards for Emergency First Aid at Work (EFAW) training.

Before taking up first aid duties, a first aider should have undertaken training and have a qualification that is HSE approved. In practice, they should hold a valid certificate of competence in either:

- First Aid at Work (FAW), issued by a training organisation approved by HSE
- Emergency First Aid at Work (EFAW), issued by a training organisation approved by HSE or a recognised Awarding Body of the QCA/SQA.

### How Long?

One Day

### Who For?

16+



### Course Layout:

To achieve a full award in Emergency First Aid at Work, you must complete the following mandatory unit:

#### Unit 1 – Emergency First Aid

- Understand the role of the first aid responder
- Know how to assess an emergency situation and act appropriately
- Provide first aid for an unresponsive
- Recognise the requirement for administer Cardio-Pulmonary Resuscitation
- Recognise and administer first aid to a person who is choking
- Administer first aid to a casualty who is wounded and bleeding
- Recognise and manage a casualty who is suffering from shock
- Know how to provide first aid for minor injuries

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