

The Important Stuff!

Aim:

This programme provides practical strategies to assist learners in dealing with personal safety issues of concern and worry to any individual in today's society.

The aims are:

To raise awareness of personal safety issues

To promote actions to help minimise risks to personal safety

The programme is applicable to, and can be contextualised for, any learner whether in the workplace, college/school environment or in a community setting.

How Long?

30 Guided Learning Hours

Who For?

Pre 16, 16-18, 18+ and 19+

Course Layout

This qualification consists of the following unit:

Unit 1 – An introduction to Personal Safety Awareness

Learning outcomes:

- 1. Develop an awareness of issues relating to the fear of crime**
 - Recognise reasons why individuals fear crime
 - Recognise major facts provided by crime statistics, which may contribute to the fear of crime
 - Identify government and community actions, which may reduce the fear of crime
- 2. Recognise potential risks to personal safety and possessions**
 - Identify situations and actions that may put personal safety and possessions at risk
 - Identify risks to personal safety and possessions in specified circumstances
- 3. Understand how to minimise risks to personal safety and possessions**
 - Identify actions to take to minimise risks to personal safety
 - Identify actions to take to minimise risks to personal possessions
- 4. Describe how to respond in conflict situations**
 - Recognise the most appropriate response to a conflict situation
 - Identify techniques used to defuse conflict
- 5. Understand how to report and record incidents**
 - Describe procedures used to record and/or report incidents
 - Recognise how learning from experiences can improve personal safety

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